



**CKA**

## **EVALUATION REQUIRMENTS**

### ***All candidates must have:***

1. *Your file up to date with **Canadian Karate Association** (valid passport and date)*
2. *Be an active member of the CKA (if an instructor – have himself, his school, and all students registered to the CKA) for a minimal period of 12 month.*
3. *Had participate at 3 technical clinic by the CKA 12 months prior to the Black Belt Grading*
4. *Must file and send all requested documentation 6 to 12 month prior to the Black Belt Grading with the requested fee (100\$ non-refundable to open the file and investigate)*

### ***All candidates must present in their file***

1. *Acceptation letter and parents signature if under 18 years old.*
2. *Acceptation letter from the instructor (his identification and grade).*
3. *Must present an essay explaining why you want to become a Black Belt and or why you are pursuing a higher level (dan). You must be precise in your explanation and let us know your motivation, your goal, and what your will do to your club and association.*
4. *A resume – see CKA web site for model –*
  - a) *Picture (passport size)*
  - b) *Personal address*
  - c) *Academic / professional parcour*
  - d) *Martiaux Arts (grading), Sensei (level-style), location - preiod*
  - e) *Technical and practical files (clinics, competitions, other)*
  - f) *Varia (Martial Arts implication / administrative fonction, volunteer work, etc.)*
  - g) ***Copie of all diploma and grading (Kyu – Dan)***

5. *For all higher Dan level (6 dan and higher), you must provide all grading requirements (grading sheet) for the Color Belt (Kyu) and all Black Belt (grading sheet). All Black Belts must be identified at your club and if it is the case, your Instructor and its level.*

**After candidate file's analysis:**

1. *An invitation letter will be sent to your address to assist to a pre-evaluation*
2. *You will have 30 days to accept the invitation and to pay the required fee for the Grading (Amount will be specified in the invoice). Your fee must be provided 3 months prior the grading otherwise your file will be pushed to the following year.*
3. *If you don't proceed accordingly, your file will be pushed to the following year or just removed.*
6. *Pay evaluation cost (the grading cost is non refundable and must be paid by certified cheque to the Canadian Karate Association.*
7. *If under a probation, you only have to pay the clinic fee for the evaluation.*

**Requirment when grading:**

1. *You must be in total physical shape (aerobic and anaerobic condition, range of motion). Your mental state will be shacked so you must prepare.*
2. *You must have a pair of running shoe with you at the grading*
3. *You will be required to perform during the grading :*
  - *Basic and advance technics*
  - *Katas*
  - *Bunkai*
  - *Self-Defense*
  - *Fighting*
  - *\*Optionnal – Breaking wooden board (if requested, you will break wooden board of 12 inches square by 1 inch thick You must provide your own board. (Junior 1 to 2 Boards -- Adult your choice of 2 or more)*
4. *If you complete and pass the Grading, you will become a SHODAN-HO (Probation one year minimum) exception to Dan level.*
5. *You will have your style or club diploma (not the CKA) and will be known as a KOHAÏ (JUNIOR INSTRUCTOR). You will have the right to wear a simple black belt.*

6. *On the following year, with the approval of your instructor, you must present yourself at a Black Belt Grading in front of the CKA Black Belt Grading Committee (pay the Clinic Fee) and demonstrate as a Shodan-Ho, better values you did when previously evaluated.*
7. *With the approval of your instructor, if you complete the re-evaluation, you will obtain your new **Black Belt** and the **Official CKA Diploma***
8. *If a Dan's evaluation, the CKA will proceed accordingly.*
9. *If invited to the Black Belt Grading as a Black Belt, no fee will be requested.*

*We requested from you*  
*Control,*  
*Concentration*  
*Mastery*  
*Total Physical and Mental Shape*